

Parks, Recreation & Culture

Identifying and reducing barriers in recreation & wellness programs

&

Creating welcoming & inclusive facilities

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Today's Agenda:

1. Review the Scope of today's conversations
2. Discussion 1 – identifying barriers and ways to reduce them in Recreation & Culture programs.
3. Discussion 2 – ideas for how to make City Recreation and Culture facilities feel more welcoming & inclusive.
4. Next Steps - What will we be doing with the feedback & the timing.

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Scope of today's discussions:

- Following the Integrated Action Plan (IAPs)
- Recreation and Wellness programs and events (ie. Activity Guide)
- Welcoming & Inclusive spaces at Recreation & Culture facilities

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A Healthy Nanaimo: Recreation, Culture & Wellness

City Plan: 3.6.11 – Strive to make all recreation and wellness programs inclusive and accessible.

IAP: C3.6.3 Continue to review programs and services offered to ensure they are accessible and inclusive to all

- What barriers are you aware of for people participating in recreation & culture programs?
- What can we do to reduce these barriers and make programs more accessible & inclusive?

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An Empowered Nanaimo: Equity & Inclusivity

IAP: C4.2.13 Work with the Advisory Committee on Accessibility & Inclusiveness and other organizations to identify ways to create a welcoming, inclusive atmosphere in the City, including City owned facilities.

- What ideas do you have for making City recreation and culture facilities more inclusive & welcoming?
- What about the atmosphere around the City in general?

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Next steps:

- Information gathered today will be shared with City staff in various work groups (ie. Recreation coordinators, facility managers, senior leadership team etc)
- Timeline: for programming, spring/summer guide is printed so changes may take effect next fall or winter seasons.
- Timeline: for facilities will be on-going. If budget is required items may be added to 2026 budget planning cycle.
- Staff will track changes and if desired, will report back to ACAI at a future meeting.

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Questions?



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