

ATTACHMENT A

Meal Programs in Nanaimo (November 2023)

Meal Program Operator	Schedule	Target Population	Seating Capacity
Downtown Hope (St. Andrew's United Church, 315 Fitzwilliam Street)	Dinner Meal at 4:30 pm to 7:30 pm every Saturday	All welcome with a focus on unhoused, precariously housed and low income families	Approximately 100 to 150 meals served on Saturdays
Nanaimo 7-10 Breakfast Club (Outreach)	Daily bagged lunch, 7 days per week	Focus on unsheltered or precariously housed individuals	Providing approximately 200 bagged lunches daily
	Daily hot breakfasts, 7 days per week from 8 am to 12 pm at two locations (prepared by Salvation Army)	Unsheltered and precariously housed individuals	Up to 100 breakfasts daily
St. Andrews Presbyterian Church (4235 Departure Bay Road)	Thursdays 11 am – 12:30 pm	Wellington High school students and low income families	Approximately 50 meals served on Thursdays
St. Paul's Anglican Church (operated by Nanaimo Food Share at 100 Chapel Street)	Every Monday between 12 pm and 1 pm	All welcome, focus on unsheltered or precariously housed individuals	30 meals on average are provided
Salvation Army New Hope Centre men's shelter (19 Nicol Street)	Provides 3 meals per day, 7 days per week	Shelter guests	105 meals daily for 35 men
	Provides 3 meals per day, 7 days per week	Individuals transitioning from a correctional facility	48 meals daily for 16 individuals
	Provides hot breakfast meal for distribution 7 days per week (distributed by the 7-10 Club Society)	Unsheltered and precariously housed individuals	100 breakfast meals prepared daily
Samaritan House (702 Nicol Street)	Provides a hot breakfast and supper	Shelter guests	28 meals daily for 14 women
Selby Street Mission (382 Selby Street)	Breakfast sandwiches and snacks 7:30 am to 9:30 am Monday, Wednesday, and Friday / Sandwiches and BBQ lunch 12 pm to 3 pm Monday and Thursday	All welcome with a focus on unhoused, precariously housed and low income families	Approximately 45 meals served on Mondays, Wednesdays, Thursdays, and Fridays
Unitarian Shelter (595 Townsite Road)	Supper, cold breakfast and bagged lunch daily	Shelter guests	81 meals daily for 27 individuals
Wisteria Community Association / Stone Soup (Outreach)	Daily bagged dinner served between 5:30 pm and 8:30 pm, 7 days per week, various locations	Unhoused individuals	Providing approximately 300 bagged dinner meals daily