

ATTACHMENT A
MEAL PROGRAM OPERATORS IN NANAIMO (OCTOBER 2023)

Meal Program Operator	Schedule	Target Population	Seating Capacity
Downtown Hope (St. Andrew's United Church, 315 Fitzwilliam Street)	<ul style="list-style-type: none"> Dinner Meal at 4:30 pm to 7:30 pm every Saturday 	<ul style="list-style-type: none"> All welcome with a focus on unhoused, precariously housed and low income families 	<ul style="list-style-type: none"> Approximately 100 to 150 meals served on Saturdays
Nanaimo 7-10 Breakfast Club (Outreach)	<ul style="list-style-type: none"> Daily bagged lunch, 7 days per week Daily hot breakfasts, 7 days per week from 8 am to 12 pm at two locations (prepared by Salvation Army) 	<ul style="list-style-type: none"> Focus on unsheltered or precariously housed individuals Unsheltered and precariously housed individuals 	<ul style="list-style-type: none"> Providing approximately 200 bagged lunches daily Up to 100 breakfasts daily
St. Andrews Presbyterian Church (4235 Departure Bay Road)	<ul style="list-style-type: none"> Thursdays 11 am – 12:30 pm 	<ul style="list-style-type: none"> Wellington High school students and low income families 	<ul style="list-style-type: none"> Approximately 50 meals served on Thursdays
St. Paul's Anglican Church (operated by Nanaimo Food Share at 100 Chapel Street)	<ul style="list-style-type: none"> Every Monday between 12 pm and 1 pm 	<ul style="list-style-type: none"> All welcome, focus on unsheltered or precariously housed individuals 	<ul style="list-style-type: none"> 30 meals on average are provided
Salvation Army New Hope Centre men's shelter (19 Nicol Street)	<ul style="list-style-type: none"> Provides 3 meals per day, 7 days per week Provides 3 meals per day, 7 days per week Provides hot breakfast meal for distribution 7 days per week (distributed by the 7-10 Club Society) 	<ul style="list-style-type: none"> Shelter guests Individuals transitioning from a correctional facility Unsheltered and precariously housed individuals 	<ul style="list-style-type: none"> 105 meals daily for 35 men 48 meals daily for 16 individuals 100 breakfast meals prepared daily

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Samaritan House (702 Nicol Street)	<ul style="list-style-type: none"> Provides a hot breakfast and supper 	<ul style="list-style-type: none"> Shelter guests 	<ul style="list-style-type: none"> 28 meals daily for 14 women
Selby Street Mission (382 Selby Street)	<ul style="list-style-type: none"> Breakfast sandwiches and snacks 7:30 am to 9:30 am Monday, Wednesday, and Friday / Sandwiches and BBQ lunch 12 pm to 3 pm Monday and Thursday 	<ul style="list-style-type: none"> All welcome with a focus on unhoused, precariously housed and low income families 	<ul style="list-style-type: none"> Approximately 45 meals served on Mondays, Wednesdays, Thursdays, and Fridays
Unitarian Shelter (595 Townsite Road)	<ul style="list-style-type: none"> Supper, cold breakfast and bagged lunch daily 	<ul style="list-style-type: none"> Unhoused individuals staying in the shelter 	<ul style="list-style-type: none"> 81 meals daily for 27 individuals
Wisteria Community Association / Stone Soup (Outreach)	<ul style="list-style-type: none"> Daily bagged dinner served between 5:30 pm and 8:30 pm, 7 days per week, various locations 	<ul style="list-style-type: none"> Unhoused individuals 	<ul style="list-style-type: none"> Providing approximately 300 bagged dinner meals daily