

ATTACHMENT A

List of Focus Areas and Ratings Identified by the Nanaimo Youth Resilience Steering Committee

Focus Area	Risk Factors	Impact – Effort Rating
Safe Youth Gathering Spaces	<ul style="list-style-type: none"> • Significant prevalence of discrimination, stigmatization, and oppression such as racism • Lack of adequate services (cultural, recreational) • Lack of meaningful peer connections and high level of interaction with negative peer groups (e.g. gang involved, problematic substance use, criminality) • Intimate partner and family violence • Erratic, overly lenient, or punitive parenting • Abuse and neglect of children • Adverse Childhood Experiences (ACEs) and lack of attention to trauma • Low sense of belonging and self-esteem • Problematic alcohol and drug use • Isolation, boredom 	<i>High Impact – High Effort</i>
Youth Outreach	<ul style="list-style-type: none"> • Fear of social disorder (e.g. homelessness, public drug use) • High desire for status, recognition, and protection • Lack of adequate services (cultural, recreational) • Lack of meaningful peer connections and high level of interaction with negative peer groups (e.g. gang involved, problematic substance use, criminality) • Low sense of belonging and self-esteem • Problematic alcohol and drug use 	<i>High Impact – High Effort</i>
Connecting Youth to Land and Water Through Snawaylth	<ul style="list-style-type: none"> • Limited or lack of access/availability to healthy lands & waters, including Indigenous sources of foods and medicines • Adverse Childhood Experiences (ACEs) and lack of attention to trauma • Isolation, boredom • Lack of adequate services (cultural, recreational) • Low sense of belonging and self-esteem • Significant prevalence of discrimination, stigmatization, and oppression such as racism • Too few teacher role models 	<i>High Impact – Medium Effort</i>

Focus Area	Risk Factors	Impact – Effort Rating
Youth Mentoring Program	<ul style="list-style-type: none"> • Abuse and neglect of children • Erratic, overly lenient, or punitive parenting • High desire for status, recognition, and protection 	<i>High Impact – Medium Effort</i>
Enhancing Existing Programs	<ul style="list-style-type: none"> • Significant prevalence of discrimination, stigmatization, and oppression such as racism • Lack of adequate services (cultural, recreational) • Too few teacher role models • Low educational aspirations • Lack of meaningful peer connections and high level of interaction with negative peer groups (e.g. gang involved, problematic substance use, criminality) • Low educational aspirations • Low sense of belonging and self-esteem • Too few teacher role models • Intimate partner and family violence • Erratic, overly lenient, or punitive parenting • Abuse and neglect of children • Adverse Childhood Experiences (ACEs) and lack of attention to trauma • Low sense of belonging and self-esteem • Problematic alcohol and drug use • Isolation, boredom 	<i>High Impact – High Effort</i>
Media & Communications	<ul style="list-style-type: none"> • Fear of social disorder (e.g. homelessness, public drug use) • Large number of residents reporting feeling unsafe in their neighbourhood • Neighbourhoods that show neglect and lack of sense of ownership and pride by residents • Repeated negative media attention • Significant prevalence of discrimination, stigmatization, and oppression such as racism 	<i>High Impact – Low Effort</i>