

ATTACHMENT A



AN INVENTORY OF FREE AND LOW COST PARKS, RECREATION AND CULTURE OPPORTUNITIES

These free and low cost opportunities are typical of “non-COVID” times. Many of the free and low cost opportunities are possible due to partnerships, sponsorships, and donations with 30+ community groups/organizations/businesses.

PARKS

- 1,000+ hectares of parks and open space
- 180+ kilometres of trail
- 74 playgrounds
- 29 sports fields
- 23 tennis courts
- 12 dog off-leash parks
- 8 outdoor pickle ball courts
- 4 water parks
- 4 sand volleyball courts
- 3 skateboard parks
- 3 artificial turf fields
- 3 Bike parks
- 18 hole Disc Golf Course
- 1 covered outdoor sport court
- Beban Pitch and Putt
- Oliver Woods Outdoor Wellness Park
- Beaufort Food Forest
- Community Gardens

RECREATION

PRESCHOOL/CHILDREN

- Story Walks
- Mother Goose
- Camp Sunsation
- Swim to Survive Program

YOUTH

- Spare Blox
- Youth Lounge
- LIT Random Acts of Kindness
- Christmas Card Making
- Craft Night
- Shred Your Threads
- Youth Week Events
- Leaders-in-Training
- Quest Program

SENIORS

- Harbour City Seniors Open House
- Harbour City Seniors Membership
- Seniors Lobby Socials
- Blood Pressure Testing
- CNIB Low Vision Clinic
- Income Tax Assistance
- Give it a Try

GENERAL

- Discount Dip Swims
- Sponsored Swims and Skates
- Westwood Lake Lifeguarding
- National Drowning Prevention Day
- Water Safety Education Team
- Kin Outdoor Pool
- Hawaiian Holiday at Westwood
- Pop Up Programs
- Weight Room Orientations
- Winter Wonderland
- Lifestyle Choices Programs
- Walk with the Doc
- Canada Day event
- Healthamongus
- Invasive Species Drop Zone/Work Parties
- Concerts in the Parks
- Learn to Fish
- Water to Earth Month Activities
- Park It Challenge
- Family Fishing Day
- Oceans Day
- Rivers Day
- Golden Bucket/Frosty Bucket Challenge
- Commuter Challenge Week
- Aquatics Special Events
- Family Fun Nights

DISCOUNTED PASSES

- Grade 5 and 6 Active Passes
- Over 80 years free pass
- Care aides / assistants – free admission
- Corporate Pass Program

CULTURE PARTNERS

Nanaimo Art Gallery

- Admission is by donation. No one is turned away.
- LEAP card holders can access two Saturday Studio classes/month for free.
- All Ages All Play family drop in is by donation.
- Teen programs: Dazzle Camouflage has been free but might have a minimal subsidized rate moving forward.
- Code is offered at a subsidized rate. Full scholarships are available for those who need them.
- Exhibition openings are by donation.
- Group tours are offered at affordable rates. Some drop-in tours have recently had a suggested donation of \$5 attached to them. No one is turned away.
- Throughout the year we have also offered a number of free community events, such as The Mill book launch and tour of Wildwood Eco-forest and other book launches by local authors such as Sonnet L'Abbe, Robert Amos; Estuary nature walks with Nancy Turner & Geraldine Manson; off-site and on-site poetry readings (Buttertubs Marsh reading during Arvo Leo solo exhibition & and Gallery afternoon poetry with Fred Wah and Sonnet L'Abbe, free film viewing of *Seraphine*, *Seraphine* by Krista Belle Stewart during her solo exhibition.) This summer we are planning a series of events along the Millstone River.
- We offer complimentary admission to those who self-identify as Indigenous.
- We are offering free memberships to members of the Snuneymuxw Nation (new).
- We offer two free spots for each hul'q'umi'num class for Snuneymuxw learners.

Nanaimo Museum

- Admission is \$2 / adult and less for youth and seniors
- In-house scavenger hunts and activities for kids are free with admission
- We offer most special events by donation
- Night Market hours are by donation – activities out front are free
- Bastion admission is by donation
- Halloween event is pay what you can
- Gallery tours are \$6.50 for a group of 10 – 25 people
- Access to the Community Gallery and the Sports Hall of Fame are always free

The Port Theatre

- Special rates provided to community non-profit organizations and community for-profit organizations
- Provide high school students with the chance to experience live theatre, music and dance performances at the reduced price of only \$5 per ticket
- Theatre Angels Program - distributes complimentary tickets to clients of various social service agencies who might not otherwise be able to attend a performance due to economic, physical or social challenges. The program is made possible through donations by our patrons and supporters.