

# Maffeo Sutton Park Inclusive Playground Project

*Parks, Recreation & Culture*

## Project Partners



**children's**  
HEALTH FOUNDATION  
OF VANCOUVER ISLAND

*Parks, Recreation & Culture*

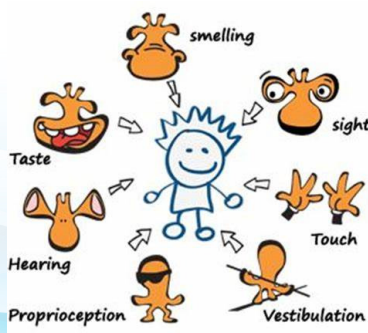
## Inclusive Playground

Inclusive play is a best practice to create a meaningful play environment for people of all ages and abilities.



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## Inclusive Play addresses the 7 senses



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## Inclusive Play engages the sense through actions



**how can **play** engage the senses?**

sliding	spinning	swinging	climbing	social	tactile
Sliding provides kids with a rich sensory experience that stimulates their visual, vestibular, tactile and proprioceptive systems. This sensory input helps children develop a better sense of balance and motor planning to accurately move throughout space.	Spinning is one of the core movements that engage the vestibular system. When a child spins they receive valuable equilibrium information, which connects with inputs from their muscles and joints to help them maintain their body posture and balance.	Swinging back and forth is more than it seems. This simple motion feeds the sensory system with visual, vestibular and proprioceptive information. Children learn how their body moves through space; the speed of movements they use; and the motor planning necessary to resist or increase actual movements.	All children desire to climb, which stimulates the tactile, proprioception, vestibular and visual senses. Each system learns about textures, muscle activation needed to pull against gravity and integrate with what the child sees while climbing. This allows kids to effectively relate to objects and navigate in the world.	When children play together, they develop in ways that they couldn't alone. Social integration plays into children's previous sensory knowledge with new experiences to expand their understanding of the world. Through playful interactions, children turn make-believe ideas into real ones.	Children touch everything because it's the most dependable sensory system, and so the first to develop. The excitement that provides a variety of tactile inputs are necessary to help the sensory system organize the sensory information around them.

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## All ages and abilities



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## Playground location at Maffeo Sutton Park



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## Previous playground



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## 3 phase project is planned



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## Donated piece of equipment



[Super Netplex by Landscape Structures](#)



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## Currently in progress



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## New inclusive playground elements

[We-Go-Round](#)



[Sway Fun](#)



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## New inclusive playground elements

Double zip k



Innovation - Swinging

Tactile finishes



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## Materials and Public art



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## Future Phases



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## Next steps



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