

# ATTACHMENT B

## Summary of Engagement and Consultation Activities

### COMMUNITY ENGAGEMENT, CONSULTATION AND COUNCIL REPORTS RE: AGE-FRIENDLY CITY PLAN

#### Relevant Council Motions

May 9, 2016

Council supported the application to the Government of Canada for a 3-year New Horizons for Seniors Grant (Seniors Connect) to reduce social isolation in those aged 55 and older.

July 10, 2017

Council endorsed an application to the Age-Friendly BC recognition program in order to “acknowledge the City of Nanaimo’s efforts in improving accessibility and fostering social inclusion for older persons.”

#### Public Engagement and Consultation Activities Related to the Age-Friendly City Plan

Between 2016-SEP-26 and 2016-DEC-08	800 randomly-selected Nanaimo residents over the age of 55 were surveyed by telephone and were asked a number of questions related to social inclusion and barriers to accessing community activities and services. Data gathered was statistically weighted by age, gender, and region.
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JUNE 2016 to SEPTEMBER 2016	Six focus groups were held with seniors over the age of 55. Of the 74 participants, 54 were women. Focus group discussions revealed seven barriers to social participation:
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- Getting around
- Getting information
- Getting access
- Lack of programs
- Affordability
- Health Challenges
- Skills to participate

2016-NOV-02	Social Planners attended the Nanaimo Seniors Service Network Health Fair at Beban Park (9am–4pm) and conducted dialogue with attendees. Approximately 250 seniors attended the event.
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NOVEMBER 2016	The Seniors Connect collaborative held an “Ideas Exchange Forum” at Beban Park auditorium, which was attended by approximately 150 members of the community. Five task groups were formed arising from that forum: Transportation, Food Security/Poverty, Information Directory, Anti-Ageism and Networking.
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2017-JAN-30	A Seniors Connect City Builders survey was developed by the City Builders Committee (made up of seniors from the community). The survey was circulated in hard copy via the Seniors Connect drop-in centre, as well as through VIHA Home Support, pharmacies, Old Age Pensioners, handyDart users, Meals on Wheels, Harbour City Seniors, Royal Canadian Legions, Neighbourhood Associations, Hospital Foundation Lifeline clients and at malls. In addition, the City Builders survey was put online on 2017-MAR-09 for a period of 10 weeks, which garnered a large number of responses.
2017-FEB-15	An Impact Plan Advisory Council (IPAC) was formed from seniors identified in previous public engagement sessions and through programs funded via Seniors Connect. The IPAC committee also has representation from the five committees formed to address the issues identified at the Ideas Exchange Forum.
2017-MAR-01	The Nanaimo Seniors Task Force was formed with Terms of Reference including "to help Nanaimo become an Age-Friendly City." The Task Force was made up of individuals aged 55 and over with support from the Seniors Connect project manager from Nanaimo Family Life Association. The Task Force used Seniors Connect 2017/2018 engagement results to start preparing the plan.
JUNE 2017	Social Planning staff attended Seniors Health and Fitness Day and conducted City Builders surveys with attendees at that event.
2018-JAN-12	A second Idea Exchange event was held at Beban Park which approximately 140 seniors attended. Dialogue was structured around the 8 domains identified by WHO as aspects of an Age Friendly City plus food security as an additional domain.
JANUARY to AUGUST 2018	Ongoing assessment by the City Builders committee regarding built environment enhancements that reduce social isolation.
JANUARY to MARCH 2019	Engagement with City of Nanaimo departments and external stakeholders to confirm and gather feedback on the draft plan.
MARCH TO APRIL 2019	Next steps include incorporating feedback and an engagement opportunity on the draft plan.