

Nanaimo Overdose Prevention and Management Working Group

City of Nanaimo Public Safety Committee
November 3, 2016



Outline

- ◎ Background
- ◎ Current response
- ◎ Needs
 - > Supervised consumption
 - > Housing
- ◎ Suggested actions for Nanaimo council

Current Use Estimates – Nanaimo LHA

- ◎ 460 regular injection users.
- ◎ 345 occasional injection users.
- ◎ 886 regular users non-injection.
- ◎ 10000 cannabis users in past year.

Island Health: Population and Community Engagement
adjusted to Nanaimo population – MHO office

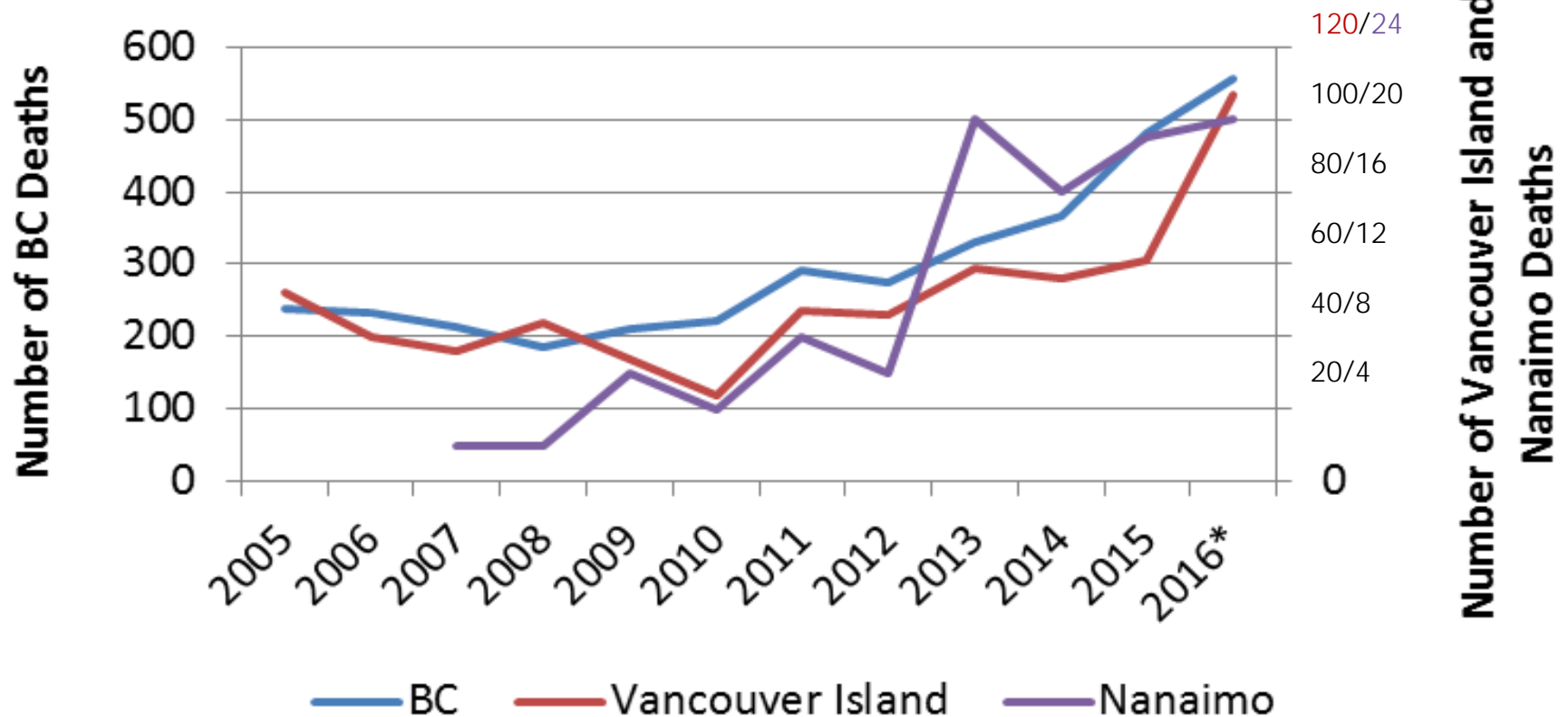
Emergency Response Actions

- ◎ Nanaimo: Fall 2014
- ◎ Island Health: January 2016
- ◎ BC: April 2016
 - Provincial order to obtain information
 - Augmented to provincial joint task force August
- ◎ Nationally, acknowledged crisis
- ◎ US - <http://www.nejm.org/doi/ref/10.1056/NEJMp1604223#t=article>

Nanaimo Overdose Prevention & Management – Working Group

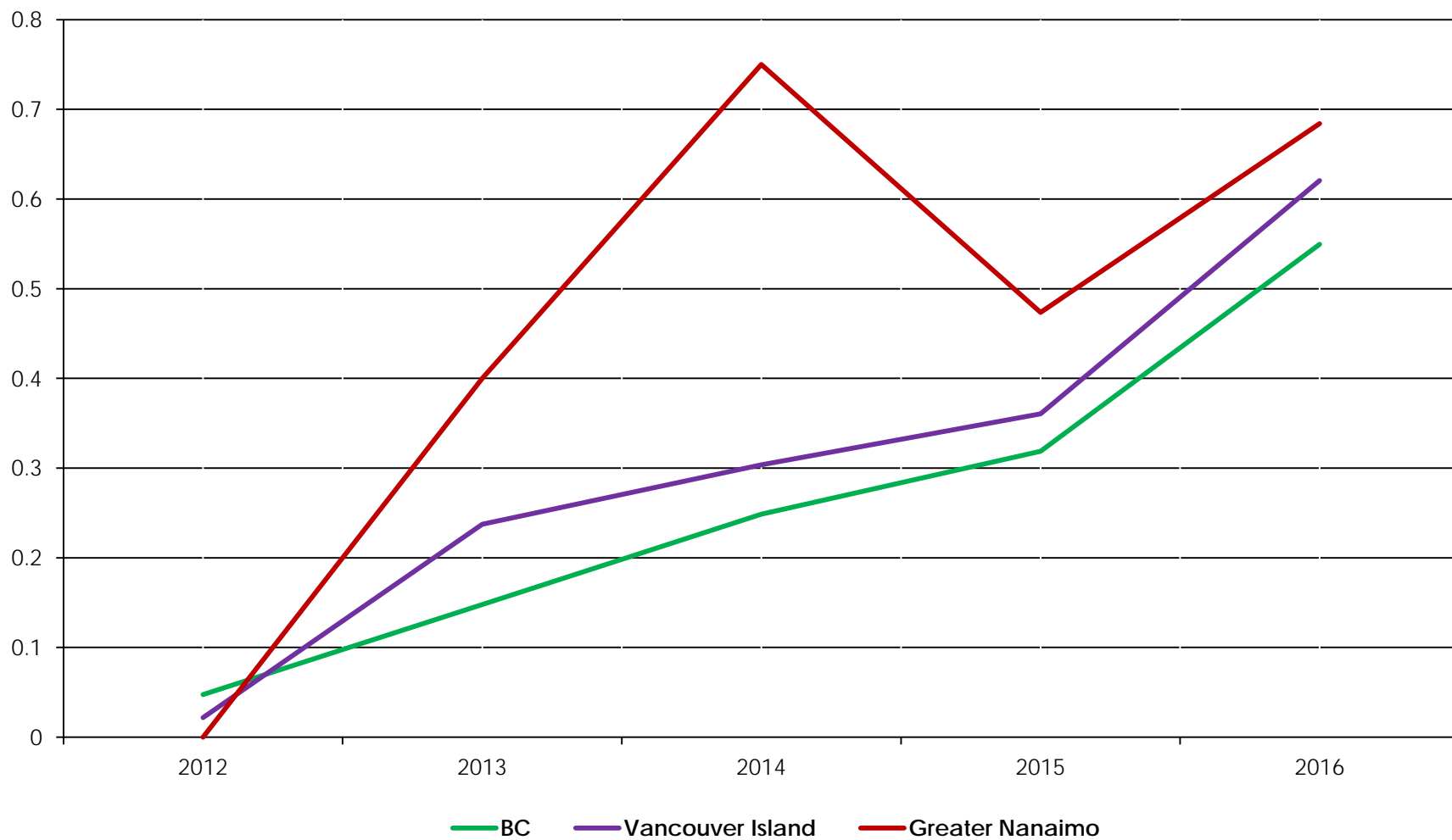
- Formed in late 2014 in response to increased burden of overdoses associated with fentanyl.
- Focused on:
 - Developing an overdose surveillance system.
 - Coordinating community alerts in a timely fashion.
 - Increase access to Take Home Naloxone.
 - Bring together key service providers.

Illicit Drug Overdose Deaths in BC and Vancouver Island, 2005-2016*



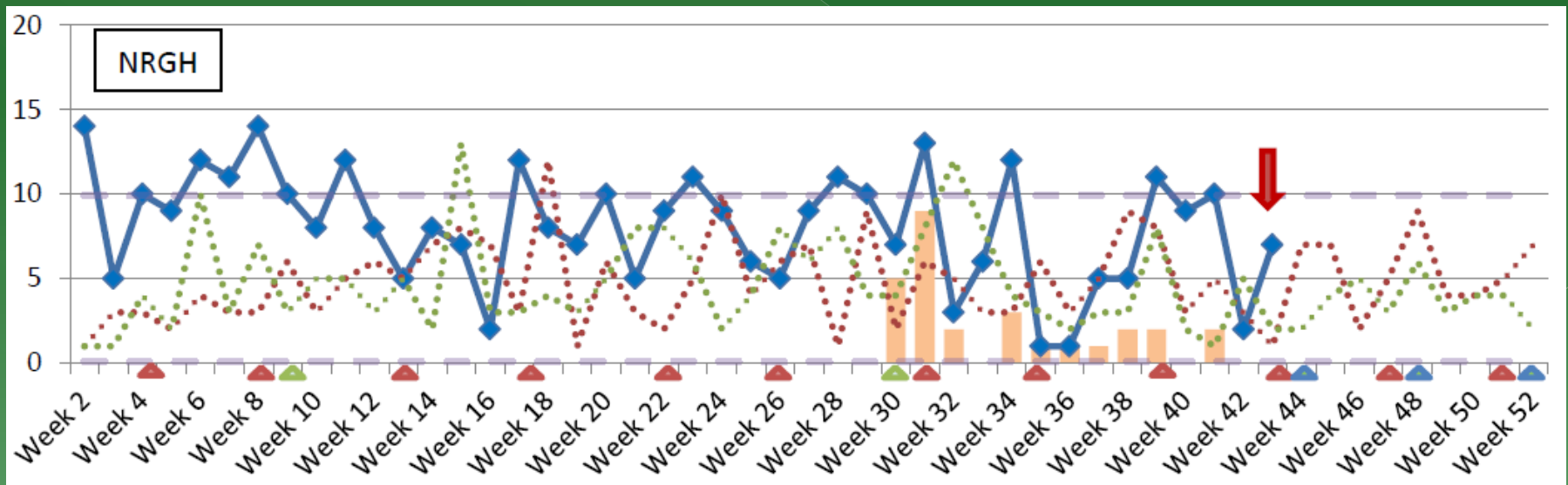
- *To August 2016
- Vancouver Island (400% cf 2010), projected 236%
- BC projected 146%
- Island Health increase largest

Proportion of Fentanyl-Involved Overdose Fatalities, 2012-2016*



Emergency Impact

- ~ 20 ER visits for non-fatal overdose for each recorded fatality.
- ~ equal or more number of non-fatal that do not come to emergency.
- Nanaimo only 38% call 911 – policy barrier.
- NRGH 400-500 ER visits expected this year, up 100%.



Overview of Non-fatal Clients (92 ED case report forms)

- ◎ 85% age 20-49
- ◎ 78% male
- ◎ 40% with no fixed address
- ◎ 1/3rd used drug in private residence
- ◎ Majority of opioid-related overdoses associated with assumed Heroin use
 - › 20% with stimulants (e.g. cocaine) increasing
- ◎ 3/4th received naloxone with 85% before ED

The Changing 'Street' Environment

- Fentanyl has become more available in last 3 years.
- Effect comparable to heroin - may be longer lasting.
- Most product 'imported' - not medical diversion.
- Higher concentration allows for smaller weights to be smuggled.
- Cheaper.
- Newer analogues being seen that are more potent per weight.
- Poly pharmacy with many street supplies including narcotics and stimulants.

Overdose Prevention

- Together is better – avoid using alone.
- Test a small sample of drugs – confirm what it is, strength and tolerance.
- Avoid mixing drugs – mixing increases the risk of overdose.
- Have an overdose response plan.
- Get trained in Take Home Naloxone.
- Call 911.

Take Home Naloxone Kit



*SAVE ME –
Overdose
Response
with a Take
Home
Naloxone Kit*

Follow the **SAVE ME** steps below to respond.



If the person must be left unattended at any time, put them in the recovery position.



Stimulate
Unresponsive? **CALL 911**



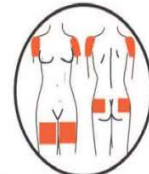
Airway



Ventilate
1 breath every 5 seconds



Evaluate



Muscular Injection
1 mL of naloxone



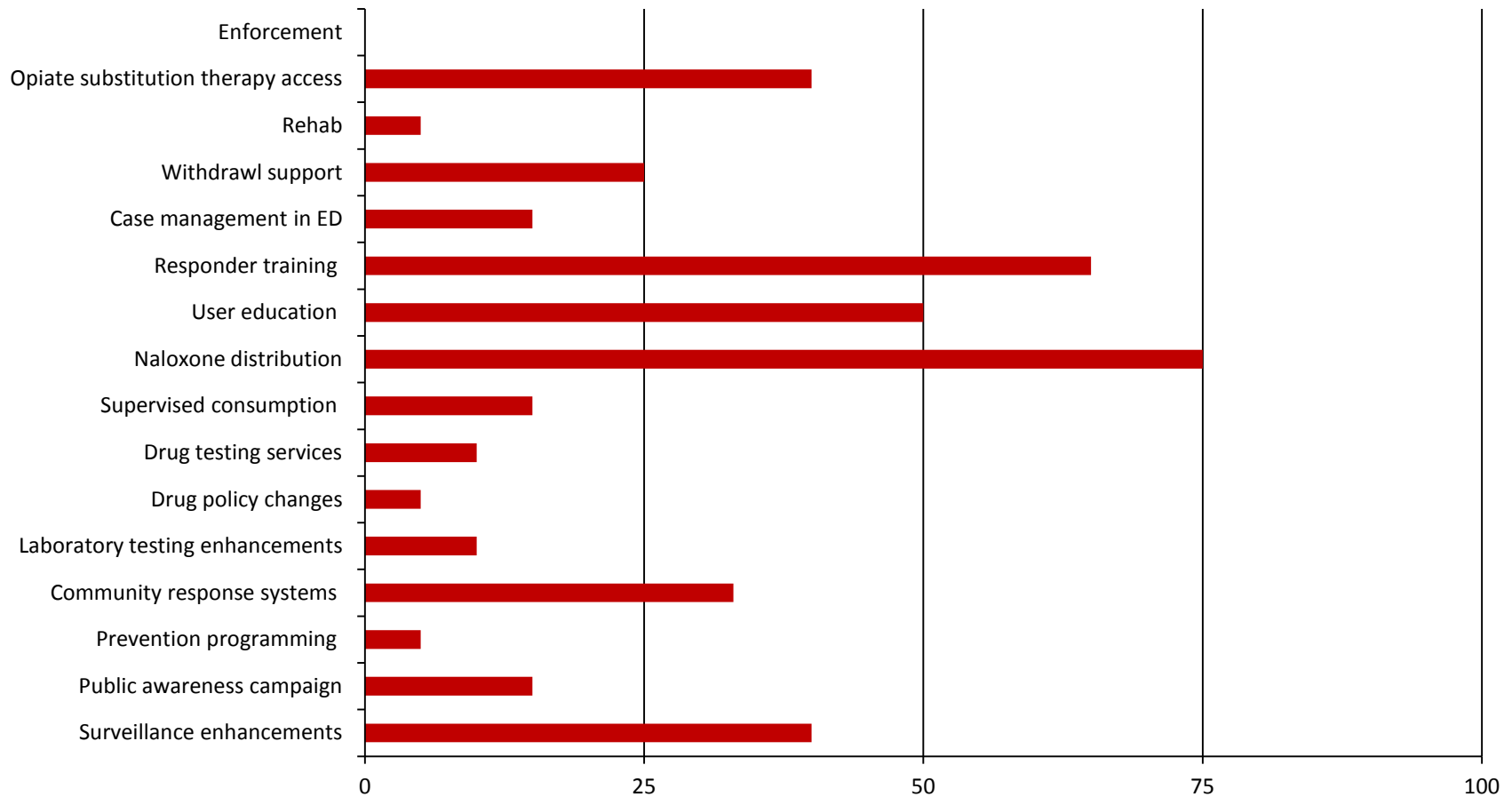
Evaluate
2nd dose?

For more information visit www.towardtheheart.com

Intervention Continuum



Continuum of Emergency Response



Nanaimo Community Forum

- ◎ The Working Group in Partnership with SD68 will be hosting a Community Forum in Nanaimo for the Public.
- ◎ November 15, 2016 - proposed time 4 pm to 8 pm.
- ◎ Location to be announced.

Supervised Consumption

- Demonstrated effective in
 - › Reducing overdose deaths
 - › Users more likely to participate in treatment
 - › Reducing HIV/HCV transmission
 - › Reduced public consumption of drugs
 - › Improved health and social services
- No impact – on drug use in the community
- Risks
 - › Not the only required support
 - › Compliance with legal requirements
 - › Possible apparent increase in users as previously unknown persons use service
- No deaths in Vancouver facility

Supervised Consumption

◎ *Rights of Communities Act S 56*

- Series of requirements for application
 - $\frac{3}{4}$ of application is standard or based on readily available statistics.
 - 10% community specific
 - Public consultation and engagement
 - 15% site specific
 - location, staffing model, funding

Housing

- ◎ Nanaimo has been a leader in housing policy.
- ◎ Continued need for development of low barrier housing as a community service.
- ◎ ????

Enforcement

Nanaimo News Bulletin



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NEWS

Fentanyl seizure near Nanaimo described as one of largest in B.C.



— Image Credit: Black Press File



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Nanaimo, Vancouver Island posted Oct 20, 2016 at 2:00 PM — updated Oct 21, 2016 at 9:37 AM

A routine check of a suspicious vehicle netted Vancouver Island RCMP the largest seizure of fentanyl for B.C. Mounties in the past few years.

According to Vancouver Island District RCMP, police pulled over a southbound driver near Nanaimo Airport at about 5 p.m. on Oct. 10.



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Nanaimo Council Possible Action

- ◎ Resolution or communication
 - To Island Health board and administration requesting (timely) development and implementation of supervised consumption in Nanaimo.
 - To Canadian Minister of Health indicating community support for supervised consumption in Nanaimo.
 - Support for a local community engagement/consultation process regarding siting.
- ◎ Acknowledgement and support in principle for work of the Nanaimo Overdose Prevention and Management Working Group.

Working Group Supporters

- Nanaimo Fire
- RCMP
- BC Coroner Services
- BC Emergency Health Service
- AIDS Vancouver Island
- Division of Family Practice
- BCCDC
- NARSF
- City of Nanaimo
- Island Health
 - Public Health
 - Mental Health & Substance Use
 - Discovery Youth Family Substance Use Services
 - Nanaimo Regional General Hospital
 - Pathology
 - Population And Community Engagement
 - Medical Health Officer