



AGENDA
HEALTH AND HOUSING TASK FORCE

Wednesday, January 22, 2020, 3:00 P.M. - 5:00 P.M.

Board Room, Service and Resource Centre,
411 Dunsmuir Street, Nanaimo, BC

Pages

1. CALL THE MEETING OF THE HEALTH AND HOUSING TASK FORCE TO ORDER:

2. INTRODUCTION OF LATE ITEMS:

3. ADOPTION OF AGENDA:

4. ADOPTION OF MINUTES:

a. Minutes

1 - 5

Minutes of the Health and Housing Task Force Meeting held in the HR Training Room, City Hall, Nanaimo, BC on Wednesday, 2019-NOV-27 at 3:00 p.m.

5. PRESENTATIONS:

a. Dr. Alina Turner, Turner Strategies, re: Asset Mapping and Social Impact Assessment 2020 Workplan Review

To be introduced by Lisa Bhopalsingh, Manager, Community Planning.

6. DELEGATIONS:

7. REPORTS:

a. Funding for Long-Term Recovery Beds

6 - 11

To be introduced by Lisa Bhopalsingh, Manager, Community Planning.

Purpose: To provide the Health and Housing Task Force with information regarding the provision of a one-time grant of \$70,500 to the Nanaimo Region of the John Howard Society for the purpose of funding five additional beds at the Vancouver Island Therapeutic Community for a period of six months in order to support substance use disorder (addiction) recovery services in Nanaimo.

Recommendation: That the Health and Housing Task Force recommend that Council direct staff to continue working with the Ministry of Mental Health and

Addictions in order to secure additional sustained long-term funding for addiction recovery services at the Vancouver Island Therapeutic Community in Nanaimo.

8. OTHER BUSINESS:

- a. Invitation to a Community Symposium for Positive Change re: Intimate Partner Violence and Brain Injury**

12 - 12

To be held Thursday, January 30, 2020, 9:00 a.m. to 4:00 p.m., at the Nanaimo Curling Club, 106 Wall Street.

- b. Discussion re: Next Steps**

To be introduced by Lisa Bhopalsingh, Manager, Community Planning.

9. QUESTION PERIOD:

10. ADJOURNMENT:

MINUTES
HEALTH AND HOUSING TASK FORCE MEETING
HR TRAINING ROOM, CITY HALL
455 WALLACE STREET, NANAIMO, BC
WEDNESDAY, 2019-NOV-27, AT 3:00 P.M.

Present: Councillor E. Hemmens, Chair
J. Harrison (joined via telephone 3:10 p.m., disconnected 4:01 p.m.)
H. Hartman (joined via telephone 3:10 p.m., disconnected 4:00 p.m.)
A. LaHue
S. Madden
J. McCormick
L. Murphy (vacated 4:03 p.m.)
Supt. C. Miller, OIC, Nanaimo Detachment RCMP

Absent: Councillor D. Bonner
J. Fix
K. Good
M. McNaughton
K. Smythe

Staff: D. Lindsay, General Manager, Development Services
D. LaBerge, Manager, Bylaw Services (vacated 3:54 p.m.)
F. Farrokhi, Manager, Communications
L. Bhopalsingh, Manager, Community and Cultural Planning
K. Kronstal, Social Planner
S. Snelgrove, Recording Secretary/Deputy Corporate Officer

1. CALL THE HEALTH AND HOUSING TASK FORCE MEETING TO ORDER:

The Health and Housing Task Force Meeting was called to order at 3:06 p.m.

2. PROCEDURAL MOTION:

It was moved and seconded that the meeting be closed to the public in order to deal with agenda items under the *Community Charter*:

Section 90(1) A part of the Council meeting may be closed to the public if the subject matter being considered relates to or is one or more of the following:

Section 90(2):

- (b) the consideration of information received and held in confidence relating to negotiations between the municipality and a provincial government or the federal government or both, or between a provincial government or the federal government or both and a third party.

The Health and Housing Task Force moved "In Camera" at 3:07 p.m.

The Health and Housing Task Force moved out of "In Camera" at 3:10 p.m.

J. Harrison and H. Hartman joined via telephone at 3:10 p.m.

3. ADOPTION OF AGENDA:

It was moved and seconded that the Agenda be adopted. The motion carried unanimously.

4. ADOPTION OF MINUTES:

It was moved and seconded that the Minutes of the Health and Housing Task Force Meeting held in the Boardroom, Service and Resource Centre, 411 Dunsmuir Street, Nanaimo, BC, on Wednesday, 2019-NOV-13 at 3:00 p.m. be adopted as circulated. The motion carried unanimously.

5. REPORTS:

(a) Affordable Housing Strategy 2019 Annual Update

Introduced by Lisa Bhopalsingh, Manager, Community and Cultural Planning.

Presentation:

1. Karin Kronstal, Social Planner, provided a presentation which included:
 - Objectives to increase the supply of rental housing in Nanaimo
 - Supporting infill in existing neighbourhoods and neighbourhood diversification
 - Continuing to support low income and special needs housing
 - Strengthening partnerships and connections within the community
 - Nanaimo is exceeding 50% target of purpose-built rentals due to favourable market conditions and borrowing rates
 - Currently exceeding target of 20% of new rentals as 2-3 bedroom units
 - On track to meet the below-market rental target within 3-5 year time frame
 - Two new key partnerships: Health and Housing Task Force (HHTF) and the Social Purpose Real Estate Collective
 - Nanaimo is hoping to be one of the communities that receives a rent bank
 - Current projects include short term rental regulations, Airbnb/vacation rental regulations which will be brought before Council in January

Task Force discussion took place regarding:

- Reporting out on the need for supportive or low income housing
- Affordable Housing Strategy and how Turner Strategies work will shed light on this
- Action Plan to End Homelessness
- Homelessness point in time count and how that impacts what the City needs in terms of housing

- Balancing demand for housing and what can be achieved in the 3-5 year time frame
- Vital signs and the City receiving annual updates from partners on what core housing needs are
- There is a growing need for affordable seniors housing
- Challenges related to people moving into fixed incomes
- Community advocating for specific types of housing

The presentation continued regarding:

- Current projects:
 - o Community Amenity Contribution Policy review
 - o Density Bonus Policy review

Task Force discussion took place regarding:

- Percentage of income used to pay mortgage or rent
- Cost ranges of rent and Canadian Mortgage and Housing Corporation (CMHC) rates to keep rents low
- Cost of rental units far above what the average person can afford
- Balancing the desire to have affordable units as part of all developments

The presentation continued regarding:

- Memorandum of Understanding with BC Housing, School District 68 and Snuneymuxw First Nation (SFN) for Fifth Street property:
 - o Innovative way for three parties who own three parcels of land to come together to meet a range of community needs
 - o The process is respectful of SFN and cultural safety
 - o Highlights partnership possibilities
 - o Request for Proposals is underway for consultant
 - o Innovative pilot that paves the way for future partnerships
- Rent-Lease-Own study includes non-profits who want to build capacity and will guide how to support non-profits
- Key players participating in the study include BC Housing, City of Vancouver, Vancity, Vancity Community Foundation
- Zoning Bylaw review to consider a specific zone for rental housing
- Market rental inventory map:
 - o Depicts where affordable housing exists where there are more than three units, excludes secondary suites
 - o Can sort by age to see where housing built before a certain year is located
 - o Provides a sense of which buildings have a number of tenants at risk of losing their housing due to need for building upgrades
 - o Map is a tool to help look at policy change in Official Community Plan (OCP) and rezonings

Task Force discussion took place regarding:

- Next step is inventory and risk analysis
- Rezoning and tenant relocation requirements
- Tenant tenure in buildings is unknown
- Map is a mix of for profit and non-profit purpose built rentals
- Cities that have tenant relocation strategies as part of their policies

The presentation continued regarding:

- Projects planned for 2020:
 - o Land acquisition strategy and using the mapping tool to identify sites of opportunity, no formal land acquisition policy in place but there are principles
 - o Family Friendly Housing Policy to encourage units with more bedrooms and finding a balance between this policy and the Parking Strategy that requires additional parking based on number of bedrooms
 - o Adaptable Housing Policy and working with building inspections team to require a certain percentage of units adaptable or accessible
 - o Update Coach House Policy to allow modular type construction for coach houses
 - o Number of secondary suites in homes is slowing down slightly which may be a reflection of the type of lots available
 - o Consider rental zoning as part of OCP review which would provide for the ability to secure rental zoning in an area
 - o Continue to support the HHTF and the Nanaimo Homelessness Coalition

Task Force discussion took place regarding:

- Parking Policy and relaxing parking requirements where transit is abundant
- Update on coach houses due to more interest from the public as there is an opportunity in the market and the City doesn't want to be a barrier
- Allowing coach houses on lots that don't have laneway access

6. QUESTION PERIOD:

No one in attendance wished to ask questions.

Task Force discussion took place regarding:

- Direction from Council regarding recovery beds and a presentation to Council on 2019-DEC-11
- Supervised consumption site updated to Council on 2019-DEC-16
- Recovery beds as one part of a continuum of care for people
- How the absence of safe and adequate housing lowers chance of recovery success
- Negative results related to a push to get people into recovery and treatment as a response to their homelessness
- Increase in number of people interested in moving into therapeutic communities
- Waiting list consistently at 35-40 people for Therapeutic Community Supportive Recovery Housing

D. Laberge vacated the HR Training Room at 3:54 p.m.

- Data related to overdose deaths in men living alone
- Risk related to people going into isolation
- 2019-DEC-11 is the last HHTF meeting of 2019
- Next steps include:

- o Turner Strategies to attend the 2019-DEC-11 HHTF meeting
- o Discussion regarding the HHTF involvement in asset mapping
- o Turner Strategies engaging community groups who have requested to attend meetings
- o Helpseekers tool

H. Hartman disconnected at 4:00 p.m.

- o Presentation regarding rent bank and future steps for implementation
- o Report to Council for January or February 2020 regarding the HHTF achievements and recommendations going forward

J. Harrison disconnected at 4:01 p.m.

L. Murphy vacated the HR Training Room at 4:03 p.m.

Quorum was lost and the meeting terminated at 4:03 p.m.

CHAIR

CERTIFIED CORRECT:

CORPORATE OFFICER

DATE OF MEETING January 22, 2019

AUTHORED BY DAVE STEWART, SOCIAL PLANNER

SUBJECT FUNDING FOR LONG-TERM RECOVERY BEDS

OVERVIEW

Purpose of Report

To provide the Health and Housing Task Force with information regarding the provision of a one-time grant of \$70,500 to the Nanaimo Region of the John Howard Society for the purpose of funding five additional beds at the Vancouver Island Therapeutic Community for a period of six months in order to support substance use disorder (addiction) recovery services in Nanaimo.

Recommendation

That the Health and Housing Task Force recommend that Council direct Staff to continue to work with the Ministry of Mental Health and Addictions to secure additional sustained long-term funding for addiction recovery services at the Vancouver Island Therapeutic Community in Nanaimo.

BACKGROUND

At the 2019-SEP-09 Council meeting, Council passed the following motion:

It was moved and seconded that Councillor Bonner's motion be referred to a future Health and Housing Task Force meeting for discussion accompanied by a Staff Report outlining funding options and implications:

Whereas it's recognized that the City has an addictions crisis and that there are not enough addiction facilities to meet the demand for treatment and that the John Howard Society presently has 5 beds available for addiction treatment that are not being used because of lack of funding.

That a one time grant of \$70,500 be provided to the John Howard Society to fund 5 beds at the Vancouver Island Therapeutic Community for 6 months.

The motion was in reference to the well-documented opioid crisis within the community and the City's role in supporting solutions to address substance use disorders. The John Howard Society currently operates the Vancouver Island Therapeutic Community (VITC) Supportive Recovery Housing facility in central Nanaimo. VITC is a residential substance abuse treatment program for adult males. The facility provides housing, meals, and supports for individuals recovering from alcohol and drug addiction. The minimum length of treatment is three months and residents are encouraged to extend their stay in the program until they are ready for independent living. Residents are not permitted to use drugs or alcohol during their stay.

The John Howard Society has advised the City that they have the space for five beds within their facility but lack the funding to fill these spaces, at an approximate cost of \$3,000 per bed per month. Users of the service pay a \$650 per month Program Residency Fee, which also includes three meals per day. At the present time, there is a significant waitlist (ranging from 20-50 people depending on the season) for the VITC program and any additional support could be utilized immediately.

DISCUSSION

Nanaimo's Action Plan to End Homelessness 2018- 2023, endorsed by Council in September 2018, noted that those struggling with homelessness and the insecurely housed are experiencing significantly high levels of mental health and substance use disorders than previously seen in our community. The report also noted an inadequate supply of supportive housing for those that need a drug and alcohol-free environment and a lack of transition support for those with acute mental health and substance use disorders.

While the City does provide tax exemptions to non-profits including those who provide social services, generally the City does not provide funding for the operation of programs, with a few specific exceptions including:

- \$85,000 in annual Social Planning Grants allocated to a range of different social projects (2020 grant applications closed on October 28, 2019).
- \$44,856 towards the Urban Clean-Up program, managed by the Nanaimo Region of the John Howard Society (budgeted for 2018-2020).
- \$39,629 towards the Shower Program at Caledonia Park, managed by the Unitarian Emergency Shelter (budgeted for 2018-2020). It is worth noting a majority of the funds are returned to the City as a facility rental.
- In 2019, Council agreed to provide the Unitarian Emergency Shelter with an additional \$20,000 to extend the hours of operation to provide extra support for shelter users.

The above programs demonstrate there is a precedent for the City to financially support some social service agencies where requests are made and/or gaps identified, specifically in response to the current homelessness and substance use crisis. The first three projects noted above were included in the City budget, while the extended shelter hours were financed through the Housing Legacy Reserve Fund. The Housing Legacy Reserve Fund targets projects that exclusively address housing needs; as the requested funding includes a focus on substance use support rather than housing, the Housing Legacy Fund is not the preferred City funding option.

In the past the City has contributed funding for the operation of the Unitarian Emergency Shelter prior to the Province funding a year round shelter since 2018. The City's funding of social and health related services is modest in contrast to the Provincial government who provide the vast majority of financial support for social service agencies and housing providers given that they are mandated to provide health and housing services.

On 2019-AUG-22, members of the Task Force met with Honourable Judy Darcy, Minister of Mental Health and Addictions (MMHA). One of the requests made to the Minister was for funding for the five additional treatment beds. On 2019-NOV-19, Nanaimo Council received a letter from Minister Darcy indicating she is working with her Staff to address priorities that were requested of her, including providing funding to the John Howard Society (see Attachment A). If

secured, this funding would provide more recovery beds for a longer term than the City could feasibly support. For this reason, Staff are recommending that the focus be on securing this additional funding from the MMHA rather than providing municipal support, which may serve to delay provincial investment.

It is anticipated that that the systems mapping process endorsed by the Health and Housing Task Force (with collaboration and funding through the Nanaimo Homeless Coalition and Provincial partners) will be complete within six months (by June 2020). The results of this process will provide a framework for reorganizing how social services are provided in the City. This will involve an analysis of social and health service needs and capacity that includes identifying service gaps and redundancies. It will also evaluate the social impacts and effectiveness of investments in health and housing services aimed at addressing a range of issues including substance use, mental health, homelessness and poverty. This information will assist the Task Force, Nanaimo Homeless Coalition, and Council in determining whether to consider directly funding this type of treatment or seeking alternative options including advocating that the Provincial government provide long-term funding for this program or other types of programs.

OPTIONS

1. That the Health and Housing Task Force recommend that Council direct staff to continue to work with the Ministry of Mental Health and Addictions to secure additional sustained long-term funding for the Vancouver Island Therapeutic Community.
 - The advantages of this option: May result in securing additional provincial funding for more beds (ten rather than five) and for a longer-term (indefinitely rather than six months). Reinforces that substance use disorders and mental health support is a Provincial responsibility.
 - The disadvantages of this option: By not providing the additional funding the addictions spaces will remain empty and may continue to remain empty if Provincial funding is not secured. May be viewed as a missed opportunity to respond to the substance use and housing crisis in the community and the livability objectives in the Strategic Plan.
 - Financial Implications: There will be no impact as no funding is being provided.
2. That the Health and Housing Task Force recommend that Council provide a one-time grant of \$70,500 from the Strategic Infrastructure Reserve (SIR) to the John Howard Society to fund 5 beds at the Vancouver Island Therapeutic Community for a period of 6 months, commencing in January 2020.
 - The advantages of this option: The proposed grant will help individuals in immediate need of housing and substance use support. By providing the funding the City will respond to the needs identified within Nanaimo's Action Plan to End Homelessness and the ongoing substance use crisis within the community.
 - The disadvantages of this option: The requested funds are not currently allocated within the City budget and as such may impact other expenses. Funding for substance use disorders and mental health support has traditionally been a provincial responsibility. The Province has indicated they are working to address funding needs for the John Howard Society to operate 10 additional recovery beds. The City providing funding for substance use disorder recovery may be seen as

accepting downloading by the Province of funding responsibilities and may discourage or delay the Province from providing their own funding.

- Financial Implications: The requested \$70,500 is not included in the City's 2019-2023 Financial Plan and as such, if funds are approved, an alternative source of funding is required to be identified.

3. That the Health and Housing Task Force provide alternative direction. |

SUMMARY POINTS

- On 2019-SEP-09 Council endorsed a motion to refer to the Health and Housing Task Force discussion of providing a one-time grant of \$70,500 to the John Howard Society to fund 5 beds at the Vancouver Island Therapeutic Community (VITC) for 6 months.
- VITC is a residential, substance abuse treatment program for adult males operated by the John Howard Society. The John Howard Society has advised the City that they have space available within their facility but lack the funding to fill these spaces.
- The Minister of Mental Health and Addictions indicated in a 2019-NOV-19 letter to Mayor and Council that she is working with her staff to address priorities identified during her 2019-AUG-22 meeting with Health and Housing Task Force members, including funding to operate ten additional recovery beds at the VITC.

ATTACHMENTS:

ATTACHMENT A: Minister from Hon. Judy Darcy, Minister of Mental Health and Addictions, to the City of Nanaimo Mayor and Council (November 19, 2019)

Submitted by:

Lisa Bhopalsingh
Manager, Community Planning

Concurrence by:

Bill Corsan
Director of Community Development

Dale Lindsay
General Manager of Development Services

Laura Mercer
Director of Finance

ATTACHMENT A



RECEIVED

NOV 22 2019

1146205

NOV 19 2019

His Worship Leonard Krog
Mayor of Nanaimo
455 Wallace St
Nanaimo BC V9R 5J6

Dear Mayor Krog and Councillors:

I am writing to thank you for inviting me to participate in Nanaimo's Health and Housing Task Force tour on August 22, 2019, and for meeting with me at the Union of British Columbia Municipalities (UBCM) convention on September 24, 2019.

I sincerely appreciate you taking the time to share with me about the challenges you're experiencing. I can assure you that staff within our ministry, the Ministry of Health, the Ministry of Municipal Affairs and Housing and the Ministry of Social Development and Poverty Reduction are aware of the challenges your community and others are facing, and are working together to find solutions to the current obstacles regarding shelter and supportive housing services and supports.

In our UBCM meeting, we continued our ongoing dialogue surrounding the challenges your community is coming up against, including the high number of homeless people in the city, a lack of treatment beds, and concerns about existing shelters and supportive housing units. You also noted concerns regarding public disruption, fears of increasing vigilantism, and a sense that people are beginning to stigmatize the homeless community as criminals. I also heard your frustration with the lack of psychiatric care for children and youth and capacity issues with the Brain Injury Society.

I hope you were able to take advantage of the recent Community Wellness and Harm Reduction Grant funding application and Foundry expansion expression of interest opportunity. As part of our government's commitment to youth mental health and wellness we are expanding the network of Foundry centres. The application can be found here: <https://foundrybc.ca/growing-foundry-network/>.

I also appreciate your feedback from the Health and Housing Task Force tour and am working with staff to address the three priorities you identified in your letter, including increasing funding to support temporary housing sites at 2020 Labieux Road and 250 Terminal Avenue; providing funding to the John Howard Society to operate 10 additional supportive recovery beds in Nanaimo; and consideration of using the city as a pilot project for programs supporting mental health and addictions treatments.

Our government continues to be committed to making the mental health and addictions system work for all British Columbians by providing people with care when, where, and how they need it.

Yours sincerely,

A handwritten signature in blue ink, appearing to read "Judy Darcy". The signature is fluid and cursive, with the first name "Judy" being more prominent than the last name "Darcy".

Judy Darcy
Minister

pc: Ms. Sheila Malcolmson, MLA, Nanaimo

Intimate Partner Violence Causes Brain Injuries

Let's start talking about it.

For every NHL Player who
has suffered a concussion,
7,000 Canadian women have
suffered a concussion through
intimate partner violence
(Mason & Donkelaar)

A Community Symposium for Positive Change
Thursday January 30, 2020 (9am-4pm)
Curling Club, 106 Wall Street, Nanaimo

Join us to better understand the intersection and impacts of intimate partner violence and brain injury, and to improve care for those affected. Through presentations, workshops, and discussion, you'll learn about current research, tools and resources, and future directions for support services from leading experts in the field. Lunch will be provided.

Then on **Thursday, February 6 (9:30 -11:30 am)** a dialogue for service providers and community will bring forward next steps and recommendations (Beban Park Social Centre).

Tickets: \$50 - Early Bird rate: \$25 (before Jan. 16th) - Community Tickets: FREE

REGISTER ON EVENTBRITE: <https://ipvandabi.eventbrite.ca>

*For more information or sponsorship opportunities, contact Adrienne Bennest:
adrienne@nbis.ca or 250-753-5600 ext. 202*

