

Long Lake Flatwater Training Centre



Two Clubs That Call Loudon Park Home



•Established 1988



•Established 1992

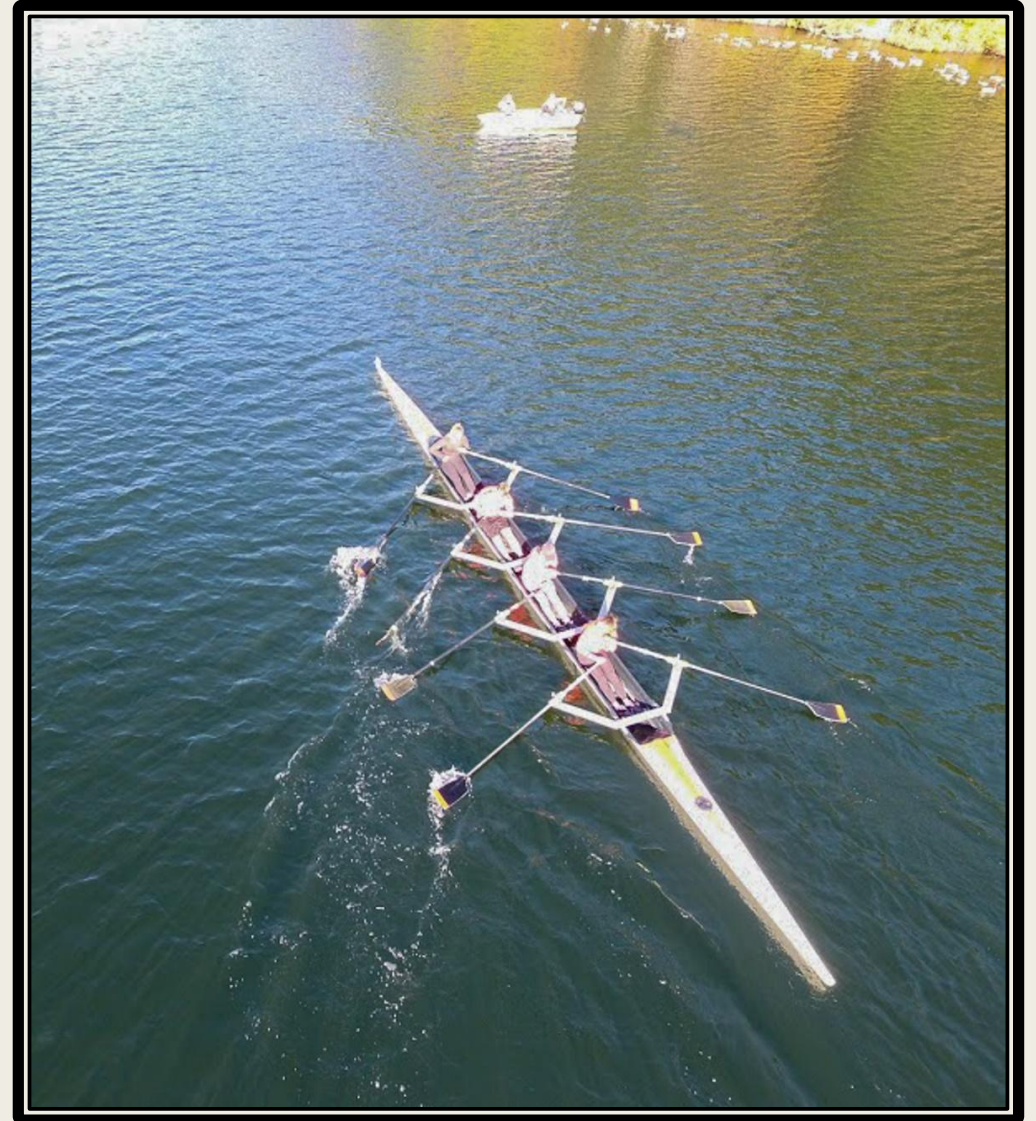
Partners

- Two clubs that operate separately
- Volunteer-driven
- Serve the mid-island, but primarily Nanaimo and Lantzville
- Common vision to enhance and increase participation in our sports
- Idea of new joint facility has been a goal for 20 years
- Passionate about our sports
- Canadian historical significance

Nanaimo Rowing Club

Programs

- Junior Learn to Row
- Junior Competitive
- Adult Learn to Row
- Adult Recreational
- Adult Competitive
- Summer Half Day Camps
- School Groups
- Seniors/VIU
- Adaptive Rowing





NRC Junior Eight



Fall Training on Long Lake



NRC Racing at Shawnigan Lake



NRC Seniors Racing at the Royal Canadian Henley Regatta



Masters Learn to Row Class



Erg Spin Class!



Racing Success for NRC Juniors and Seniors



Nanaimo Canoe & Kayak Club

Programs

- Regional Canoe Kayak Training Centre for the Island
- Youth Sprint Kayak programs
- Summer Camps
- School Groups
- Vancouver Island University international students
- Youth with Special Needs, Canuck Autism Network
- Training facility for Indigenous Canoe Kayak Camps





**CANADIAN SPRINT
CANOE KAYAK CHAMPIONSHIPS**



**SPRINT NATIONALS • NATIONAUX DE VITESSE 2019
REGINA**





NCKC Summer Camps



Girl Guides of Canada Introduction to Kayaking



International Student Group



NCKC and Canucks Autism Network



Island Regional Team at 2018 BC Summer Games





Long Lake Flatwater Training Centre Society

- Formed in 2015
- Comprised of Nanaimo Canoe & Kayak Club and Nanaimo Rowing Club members
- Provides financial separation from the clubs

Long Lake Flatwater Training Centre Society

- The purposes of the society are:
 - *To develop, maintain and operate facilities to support the training and operational needs of rowing and paddling sports on Long Lake.*
 - *To promote rowing and paddling sports in the central Vancouver Island area.*

Existing Structures

Washroom/Club Building

- Originally constructed 1967 as a Centennial project
 - *Consisted of public washrooms and a covered picnic area*
- Building modified to make a home for NCKC in 1987
- ATCO trailer added; became home of NRC in 1992





Boat Storage

- Mainly outdoors in a chain link compound



Current Challenges



Limited space



Outdoors - cold, dark (often wet)



Not enough inside space



Summer camp(ing)



Hazards



Obstacles



Equipment sharing with athletes



Cramped Facilities



Crowded storage



Storage Challenges





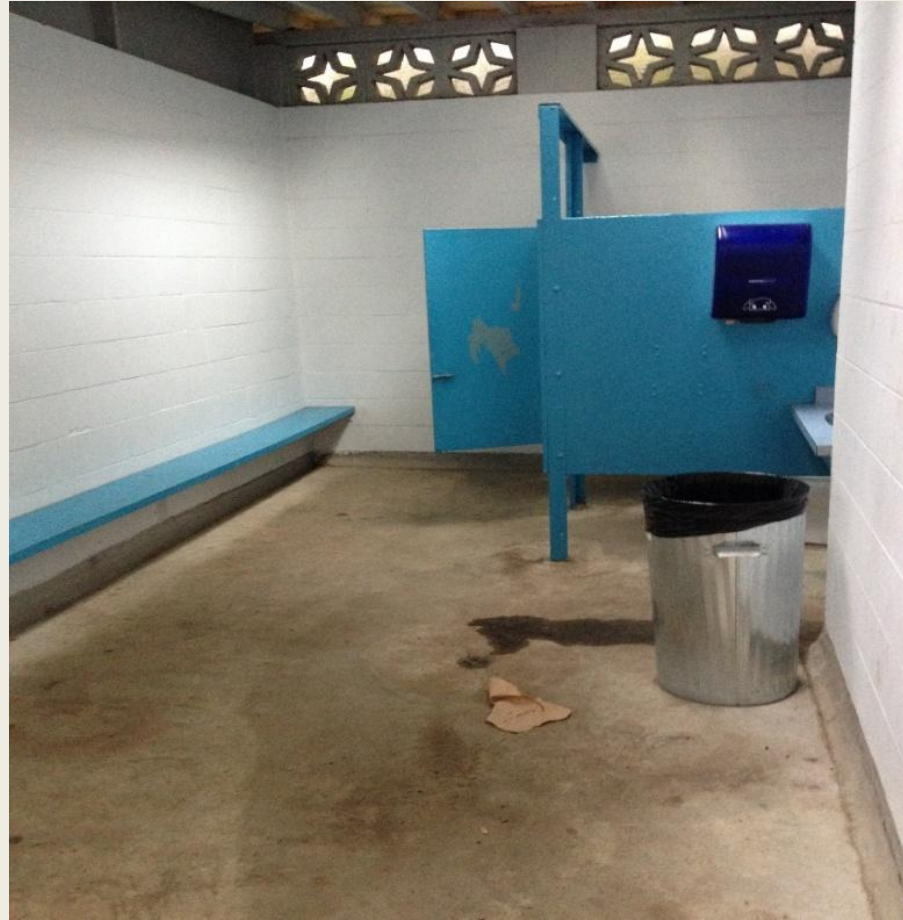
Fallen trees



Damaged equipment



Break-ins



No Change Stalls



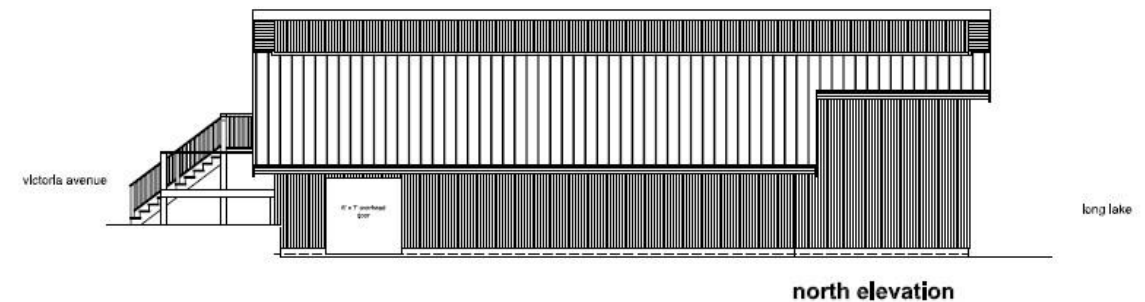
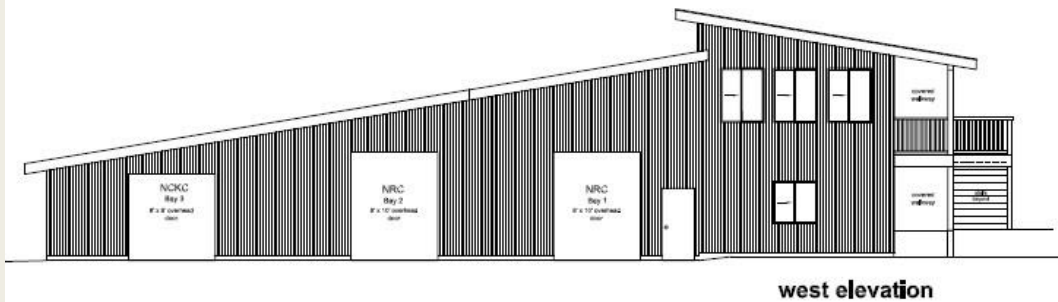
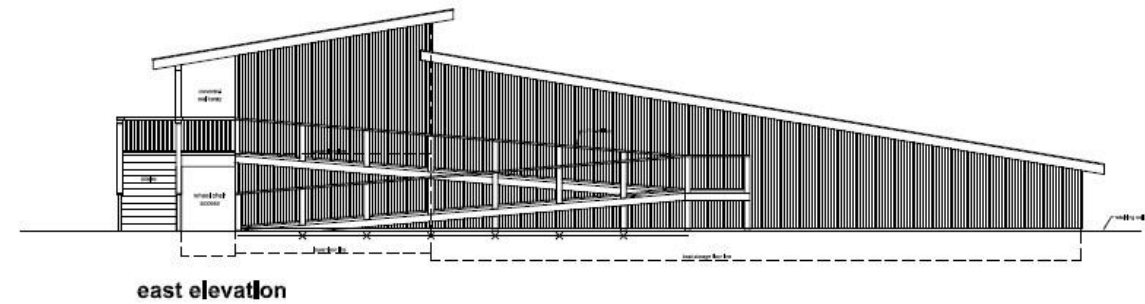
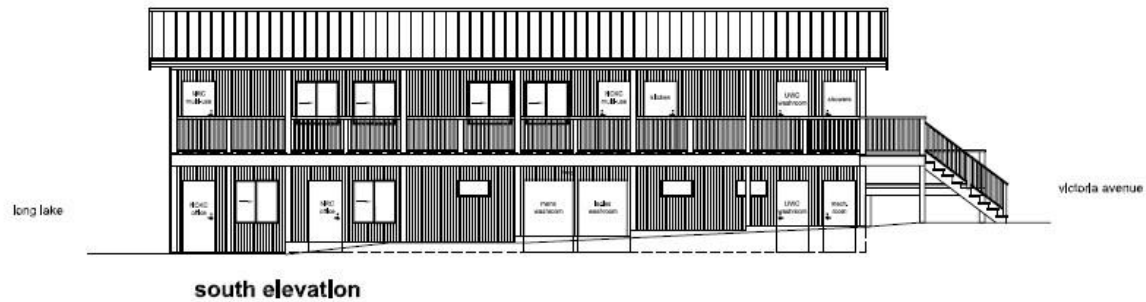
Non Accessible Dock

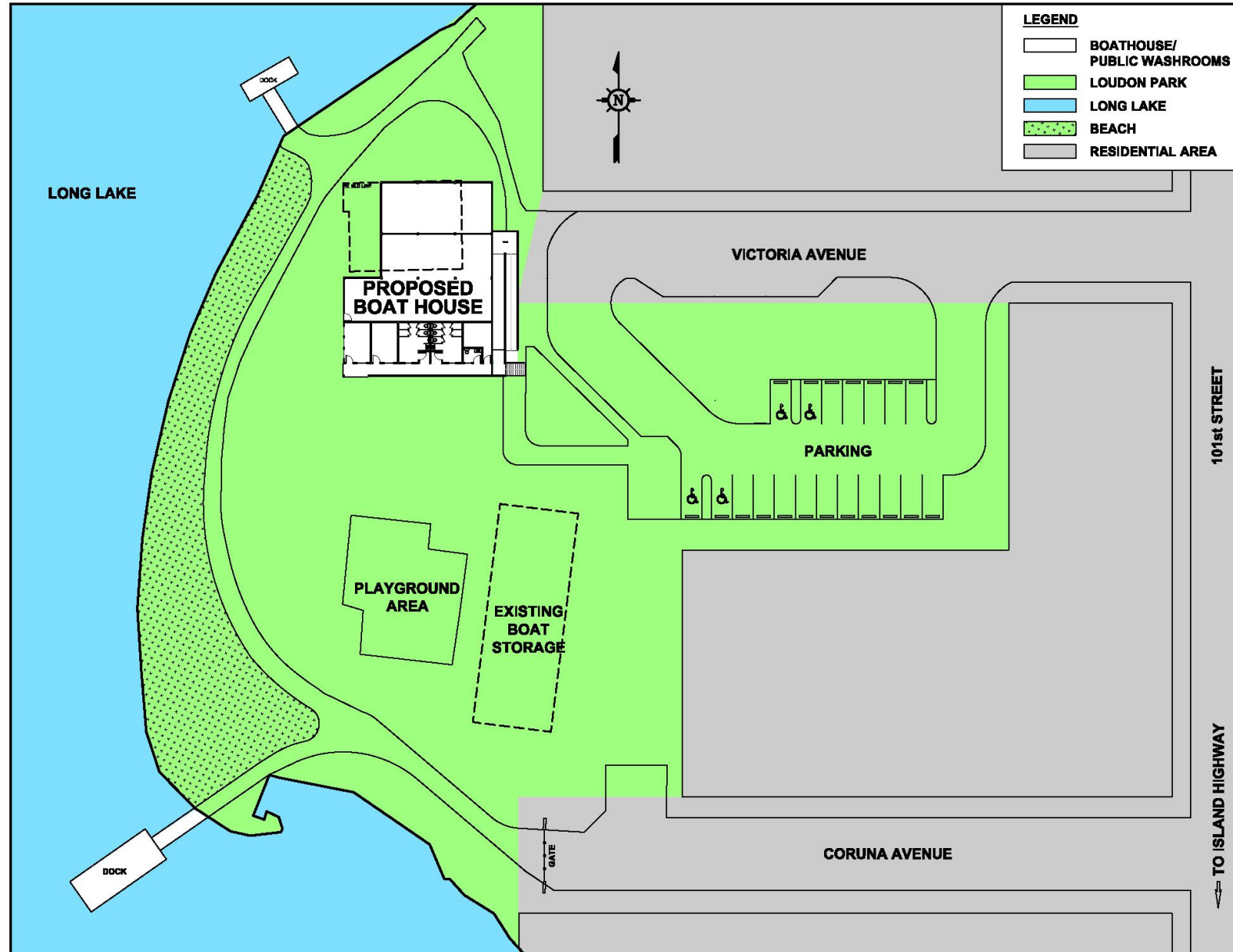
The Vision

As part of the next phase in the revitalization of Loudon Park at Long Lake, plans have been developed to build the Long Lake Flatwater Training Centre Society Boathouse

- *LLFTC team and City have worked with architects to develop conceptual plans*

Conceptual Drawings

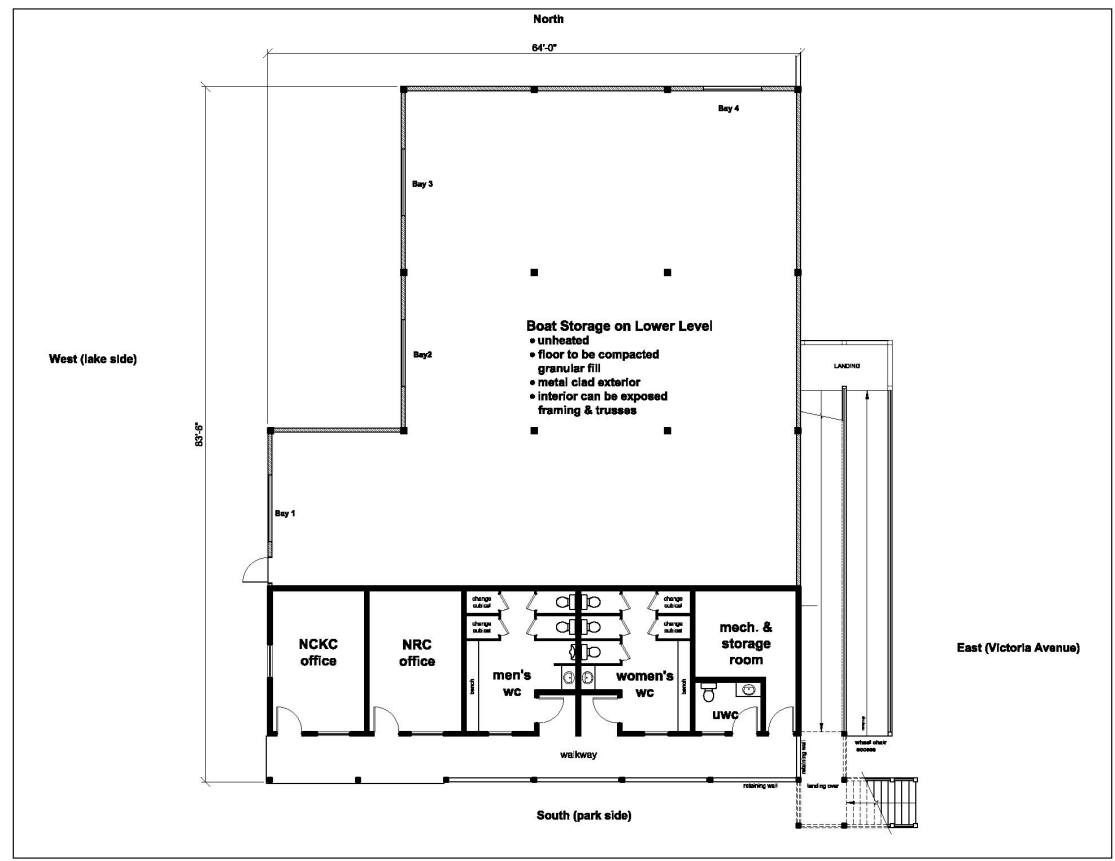




proposed site plan
sheet 1

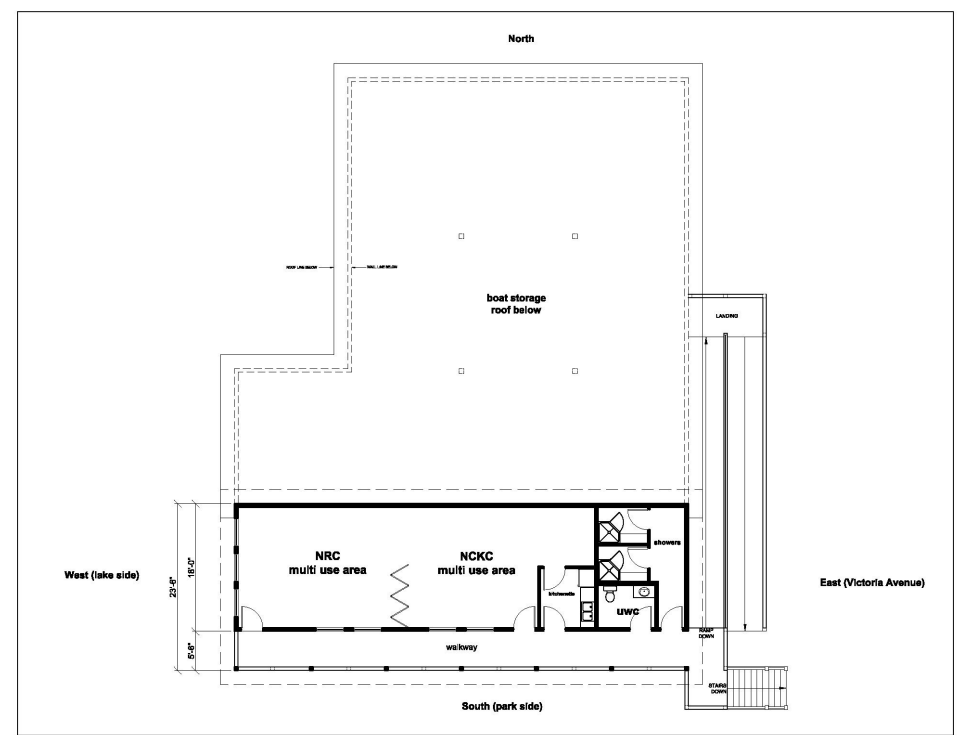
loudon park boathouse

Conceptual Floor Plan



proposed lower level
sheet 2

loudon park boathouse



proposed upper level
sheet 3

loudon park boathouse

Project Benefits For Community and Clubs



Project Benefits

- Continued existence of the two clubs as active providers of recreational opportunities for the community by having the facilities needed to provide a quality experience
 - Increased access to the documented health benefits of rowing and paddling
 - Increased year-round programming to promote a healthy lifestyle, both on and off the water



Project Benefits



An increase in programming through:

- Ability to operate year-round
- Improving universal access
- Increased security to reduce thefts and vandalism
- Developing a sense of community to attract and retain members
- Expanded, secure, weatherproof storage
- Provides a focal location to bring like-minded people together

Project Benefits

Enhanced programming for Youth

- Schools, clubs, and other community groups
- Safe, inviting and comfortable
- Sense of community and belonging
- Quality and safety of programs



Project Benefits

A recognized training and racing destination for paddling and rowing

- Hosting of sanctioned, competitive events
- Economic benefit to Nanaimo



Project Benefits

Increased safety of paddling and rowing participants by:

- Placement of boat racks on level, stable ground and the ability to safely transport boats to and from the water
- Providing access to warm, dry facilities during inclement weather



Project Benefits

Revitalization of Loudon Park

- Enhanced aesthetics of the park
- A source of pride for the community
- Increased security
- Washroom/change room facilities
- Docks and paths accessible for all
- Playground enhancements
- Options for increased picnic area
- Storage of city equipment



Funding Opportunities

- MOU with Rotary Club of Nanaimo North
- Provincial Gaming Funds – Capital grants
- Vote-based grants – Kraft; Aviva Community Fund
- Donations – Project set up with BC Amateur Sport Fund; ability to issue tax receipts
- Club-based fundraising including approaching alumni
- Corporate sponsorships
- Partnerships with service groups, all levels of government



THANK YOU
QUESTIONS?