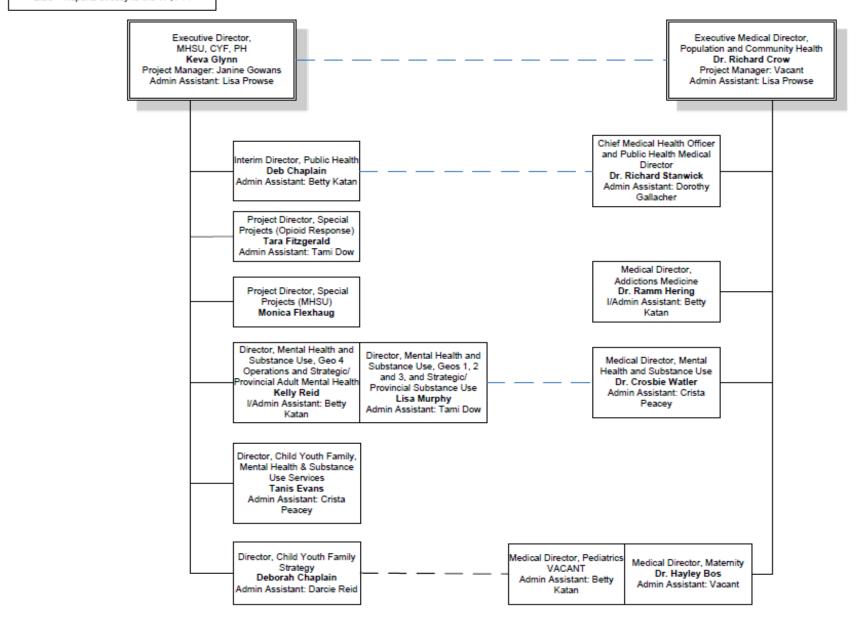
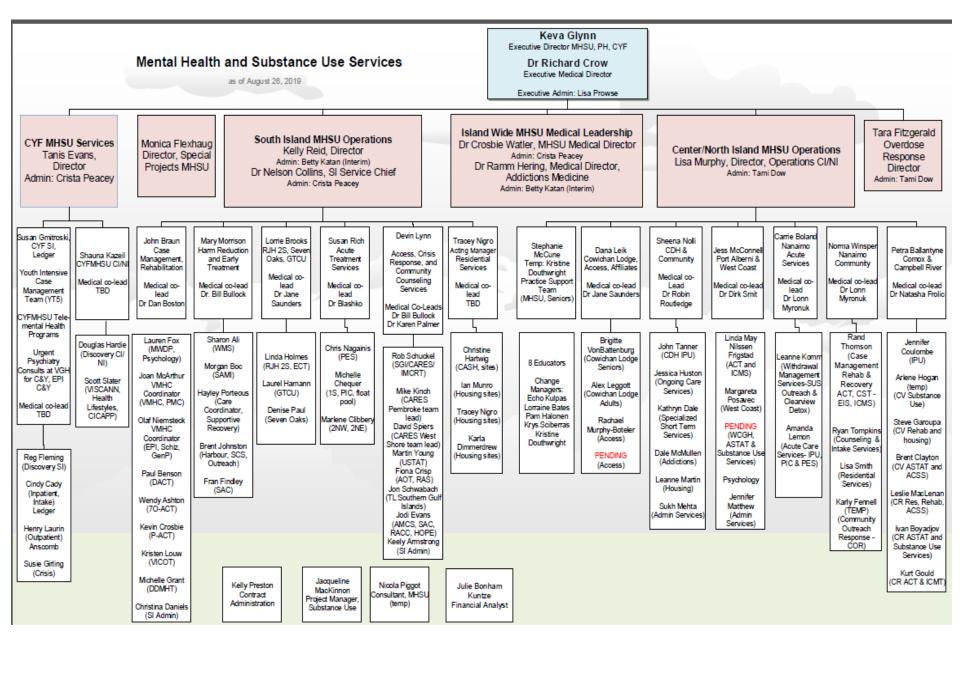


Updated: August 28, 2019

Dashed Line = Joint Reporting Relationship Blue = Reports directly to the VP. PPI

Portfolio M: Population and Community Health





Nanaimo Mental Health & Substance Use Programs & Services – Easy Access Points

What we offer: No Barrier / Low Barrier Services – No referral needed
**Please Share this "Cheat Sheet" with Community Members- Clients & General Public

Our Walk-In Crisis Counselling Clinic

Located 203-2000 Island Highway (Brooks Landing location-behind Staples) Monday to Friday 10:00am to 7:00pm (last session is 6:15pm) 250-739-5710 (no appointment needed - All ages)

Our Walk-In General Intake

Located 203-2000 Island Highway (Brooks Landing location-behind Staples) Monday to Friday 10:00am to 7:00pm (last session is 6:15pm) 250-739-5710 (no appointment needed - Adult Services)

Our Substance Use Counselling Services - Walk-In

Located 3151 Barons Road (offers a limited walk-in service)
Walk-In Mondays 8:30am-11:00am and Wednesdays 1:00pm-3:30pm
250-739-5880
(no appointment needed - Adult Services)





Nanaimo Mental Health & Substance Use Programs & Services – Easy Access Points

What we offer: No Barrier / Low Barrier Services – No referral needed

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Continued

Our Substance Use Services - Outreach (SUSO)

For those seeking or requiring outreach connection around substance use - including treatment services and harm reduction resources

Call Direct: 250-713-5118 (Cell) (Adult Services)

Our Community Outreach Response Team (COR)

Mobile Crisis Response & Homelessness Outreach (All ages)
Community Members in crisis can access COR thru VI Crisis Line 1-888-494-3888
COR Homelessness Outreach- Call Direct: 250-741-7645 (Cell)

Above Services are able to make direct referrals and connections to our "internal" programs (Adult Services):

- 1) Case Management-Rehab & Recovery Services;
- 2) Residential Services;
- 3) Enhanced Counselling Services through Barons Road site (i.e. Groups)





Nanaimo Mental Health & Substance Use Programs & Services – Easy Access Points

What we offer: No Barrier / Low Barrier Services – No referral needed

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Continued

OTHER: CONTRACTED SERVICES

SOBERING & ASSESSMENT BEDS- Crescent House

1126 Seafield Crescent - 250-716-3402

Contracted service with Island Crisis Care Society- 24/7 access to safe supportive beds for adults under the influence of substances who are seeking sleep/rest. Self-referrals (includes walk-in) and recommendations thru Service Providers are welcome.

OVERDOSE PREVENTION SERVICES (OPS SITE)

OPS Site-437 Wesley St

Contracted service with Canadian Mental Health Associ-ation—Mid Island- For adults seeking safe and support-ed environment for injection of their substances i.e. opiates.

Open 10:30- a.m. to Midnight- 7 Days/wk



