Tackling Homelessness in Nanaimo: Current Snapshot & How Do We Move Forward?

Presented to: Nanaimo City Council February 11, 2019



United Way Central and Northern Vancouver Island

Snapshot of Nanaimo's homeless:

Homeless People

- 335 Counted (minimum) Spring 2018
- 174 Counted (minimum) Winter 2016
- Age 2018
 - 55% are age 25-44
 - 22% are age 45-54

Local residents - 2018

- Over 80% of participants had *not* moved to Nanaimo in the last year.
- Most have lived here for 5-40 years. (30% spent entire life here)

Gender - 2018

- 70% Men, 30% Women (approx.)
- Women are likely underrepresented

First Nations - 2018

 Nearly 1/3 of participants identified as First Nations/Indigenous



Homelessness - a continuing crisis

- Tent City and how solutions rolled out highlight that structure of planning and helping homeless and wider community need more resources & co-ordinated leadership.
- Nanaimo's homeless population has more than doubled since 2016.
 - Time spent being homeless is increasing
 - The homeless are local people

Quote shared with Council June 11th presentation: "Put bluntly, Nanaimo faces pressures that threaten the integrity and sustainability of the current service system if not addressed."



Chronic Homelessness - 2016 vs. 2018

2016 - 60% were homeless for 6+ months (chronically homeless).

- 2018 72% were chronically homeless of which 53% were homeless for 12+ months.
- The length of time spent homeless is increasing; it is continuous (not episodic).



Why the Crisis?

- Lack of Affordable Housing:
 - Housing prices increased 14% (2015-2016)
 - Vacancy rates dropped from 2% to 1.5% (2014-2016)
 - Growing disparity between average income vs. housing market
- Addiction and Mental Health:
 - Sharp increase in acuity of drug use and mental health
- Becomes a barrier to housing; landlords overlook people
- Gaps in Service:
 - Resources are highly limited
 - Support systems are overwhelmed
 - Sector capacity/coordination faces challenges



What Can We Build On?

- Previous Councils worked with service providers/other funders to create a plan, secure funding, and implement solutions
- 2006-2008 plans developed (2007 New Hope Centre opened)
- > 2008 MOU with BC Housing for housing projects
- Federal Homelessness Partnering Strategy (HPS) funding secured
- Island Health implemented various strategies and teams
- Many of our most chronic homeless housed as result of past plans
- Homeless Coalition created & meets monthly
- Feds renew HPS funding (now called Reaching Home) 2019-2029
- Committed, caring, hardworking service providers on the ground!!!



The Action Plan

- Work in conjunction with the City of Nanaimo's Affordable Housing Strategy
- Increase affordable/supportive housing options
- Acquire resources and address gaps in services
- Create a coordinated access system/continuum of services
- Communicate effectively to educate public/support strategy roll out





Strategies in Action Plan

- Strategy 1: Increase shelter beds, outreach, and intervention
- Strategy 2: Create a day space/Drop in facility
- Strategy 3: Remap and broaden social networks
 - Ensure people are connected to networks outside of the social services sector
- Strategy 4: Increase rent supplements and develop affordable housing
- Strategy 5: Add # of dry housing units, increase scattered site housing



Strategies in Action Plan

- **Strategy 6:** Support personal and program transitions
 - Rapid re-housing, housing loss prevention
- Strategy 7: Manage increasing acuity of addictions and mental health
- Strategy 8: Increase Coalition's capacity
 - Educate/communicate to public drive plan implementation
- Strategy 9: Integrate Indigenous lens in services
- **Strategy 10**: Prevention through agency coordination



Homeless Coalition Members

- AIDS Vancouver Island
- BC Housing
- City of Nanaimo
- Canadian Mental Health Association
- First Unitarian Fellowship of Nanaimo
- Haven Society
- Island Crisis Care Society
- Island Health
- Men's Resource Centre
- Ministry of Social Development and Poverty Reduction
- Nanaimo Region John Howard Society

- Nanaimo Women's Resource Centre
- Nanaimo Youth Services Association
- Pacifica Housing
- Nanaimo RCMP
- Service Canada
- Salvation Army
- Tillicum Lelum Aboriginal Friendship Centre
- United Way CNVI
- Vancouver Island Mental Health Society
- Widsten Property Management
- 7-10 Breakfast Club
- Citizens at-large



What the Coalition Is and Isn't

- ► Not a legal entity
- Has no budget or staff
- Members bring resources to Coalition agenda/activities
- Conduct research PIT Counts, research coordinated access system
- Formal place to approve federal investments (United Way supports this function)
- Develops strategy/plans to address homelessness
- Public education all candidates meetings, speaking to media, etc
- Service Providers/Funders share intel to inform individual agency agendas



United Way plays two roles on the Coalition

- Role #1 Community Entity (CE) for Federal funds invested in Nanaimo
- Role #2 Inspires donors, invests UW grants to help vulnerable



United Way as Community Entity (CE) managing HPS - now called Reaching Home

- CE for last 9 years in Nanaimo
- \$900,000 a year for 2019-2024
- Reaching Home goals:
 - create a coordinated access system/cut homelessness in half
- Support the Coalition to:
 - set community plan for Federal \$
 - choose where to invest
 - monitor results
 - Connect monthly with 10 CEs in province to share strategy



United Way as a Funder Inspires Donors & Invests in Community

- Raises \$ from local donors
- Invests in 47 programs in Central Island. Helped 23,000 people last year
- Many UW funded programs lift up the most vulnerable
- Public education about needs/reminder of human side of homelessness -speak to 1000s in the workplace/media
- Fund bc211 text, phone, web chat info referral service top issues affordability of housing/mental health
- Understand regional issues started & provides leadership on four Homeless Coalitions on Island
- Draw on 90 plus United Ways across the country for best practices



City's Role on Coalition To Date

- City staff person has co-chaired Coalition
- Participated in creating Action Plan that Council adopted fall 2018
- Sits on the Allocation Committee to recommend HPS investments
- Identifies opportunities for the City to invest in to support the broader efforts identified by the Coalition - rent supplements, etc.



Coalition Ready to Evolve

- On-going crisis requires more effective structure
- Allocation Committee Island Health, City, United Way, BC Housing, Ministry of Social Development now meet every other week
- This group could become a Steering Group of the Coalition with terms of reference and driving the implementation of the Action Plan
- City staff, United Way and key service providers working on communication strategy
- Look to move Coalition as a whole to meet quarterly to keep everyone informed but have smaller, more effective group that drives Plan



What is Missing?

- Coalition created Action Plan but isn't resourced to drive it forward
- Main funders/players need to move from adopting plan to strategy/action
- City needs to clarify its role as a key driver of implementing the Action Plan



City Role - What Works in Other Communities/Worked in 2008 in Nanaimo

- Political Leadership Mayor and/or council members drive implementation of Action Plan along with Island Health, BC Housing, CE and other key funders
- Senior City staff/resources dedicated to Action Plan



Questions?

